

May 2019

Washington Township Middle Schools

LUNCH



Available Daily:

Assorted Hoagies
Assorted Wraps
Assorted Salads

Chicken Patty Sandwich
(Regular or Spicy)



Lunch Price: \$3.50 Paid, \$.40 Reduced

Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday



Egg McMuffin Sandwich
With Sausage
Diced Potatoes
Peaches

6

Tuesday



Meatball Sandwich
Peas
Apple Sauce
Milk Choice

7

Wednesday

Barbeque Chicken
Potato Wedges
Apple Sauce

1

Milk Choice

Grilled Cheese
Tomato Soup
Mixed Fruit
Milk Choice

8

Thursday

Calzones
Green Beans
Mixed Fruit

2

Milk Choice

Beef Tacos
Black Beans
Pears
Milk Choice

9

Friday

Assorted Pizza
Broccoli
Pears

3

Milk Choice

Assorted Pizza
Spinach
Peaches
Milk Choice

10

Chicken Tenders
Sweet Potato Crinkle Fries
Apple Sauce
Milk Choice

13

Macaroni and Cheese
Carrots
Mixed Fruit
Milk Choice

14

Oven Roasted Chicken
Corn
Pears
Milk Choice

15

Hot Ham & Cheese on
Pretzel Bun
Baked Beans
Peaches
Milk Choice

16

Assorted Pizza
Broccoli
Apple Sauce
Milk Choice

17

Cheeseburger
Corn
Apple Sauce
Milk Choice

20

Cheese Quesadilla Pizza
Carrots
Pears
Milk Choice

21

Beef Nachos
Black Beans
Peaches
Milk Choice

22

Assorted Pizza
Green Beans
Apple Sauce
Milk Choice

23

OFF

24

OFF

27

Chicken Tenders
Green Beans
Peaches
Milk Choice

28

Egg McMuffin Sandwich
With Sausage
Diced Potatoes
Apple Sauce

29

Mozzarella Sticks
Carrots
Pears

30

Assorted Pizza
Broccoli
Peaches
Milk Choice

31